



SUSAN C. HIRANO
**CANCER CARE
COMMUNITY**

COMMUNITY · AWARENESS · RESEARCH · EMOTIONAL WELL-BEING

Mark your
calendar

‘Healing Through Art’

SATURDAY, JULY 18, 2026 ♥ 9 – 11 AM
SULLIVAN CONFERENCE CENTER
at the University of Hawai‘i Cancer Center
701 Ilalo Street, Honolulu, HI 96813

Please join us for a free public workshop exploring a variety of therapeutic modalities, such as visual art, music, and haiku reflection/meditation, featuring practitioners from varied cultural communities. Research has consistently demonstrated that art therapy can significantly improve the quality of life of cancer patients/survivors/thrivers and caregivers by reducing anxiety, depression and distress. It can strengthen self expression, help with symptom management, and aid in processing the complex emotions surrounding cancer diagnosis and treatment.



Scan the QR code
to pre-register



More to come:

Following our July event, we'll gather again on **October 17, 2026**, from **8 to 11 AM** for the next event in our Cancer CARE Community series, focusing on physical activity and cancer.

UHCancerCenter.org
events@cc.hawaii.edu | (808) 564-5835



UNIVERSITY OF HAWAI‘I
CANCER CENTER

Saving Lives in Hawai‘i and the Pacific